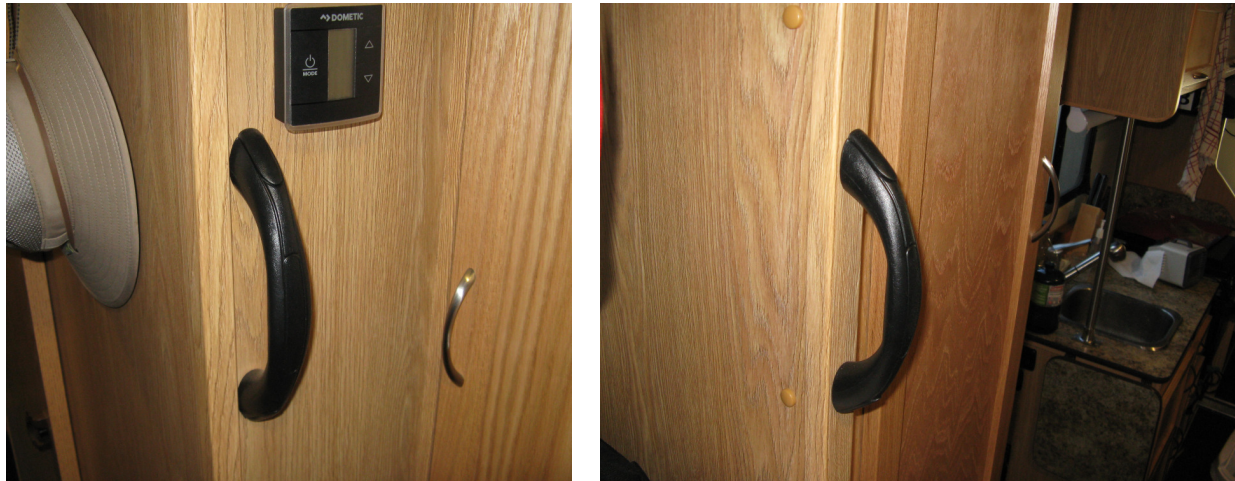


Hand grabs and stair treads.


I hate to admit it, but I ain't as spry as I used to be. I had a couple of slips getting out of the loft in the dark and decided I needed something to hang onto. I bought a pair of these grips from Amazon. They are well made and easy to install. The trick is to find solid wood to screw into.



I put one below the thermostat and the other on the opposite side. This gives me good support with my right hand coming and going.



The carpet is not a problem when you are climbing into the loft, but the angles are wrong when sliding off the bunk and it is easy to slip. I bought these carpet treads from <http://www.noslipstrip.com> . They were easy to install and provide excellent traction.

Product	Items	Quantity	Price
	No-slip Strips, Carpeted Stairs Choose Size: 2 inches by 28 inches [\$12.99] Choose Color: Almond-Beige, Comfort Grip [+\$5.49]	2 x \$18.48	\$36.96
	No-slip Strips, Carpeted Stairs Choose Size: 2 inches by 13 inches [\$7.99] Choose Color: Almond-Beige, Comfort Grip [+\$5.49]	1 x \$13.48	\$13.48
Subtotal price:		\$50.44	
Total tax:		\$0.00	
Shipping: USPS Priority Mail 2-Day		\$12.90	
Total paid:		\$63.34	

